



JAPANESE CULTURAL ASSOCIATION OF MANITOBA INC.

OUTLOOK

SPRING EDITION 2023

VOLUME 71 ISSUE 3

JCAM is a federally registered charity # 12064 6021 RR0001



*Manitoba
Japanese Canadian
Curling Bonspiel*

2023

Back on the ice!





President's Message

Dr. Kelly Kaita

Spring is just around the corner! After such a long and frigid winter, we hope that the adage “in like a Lion and out like a Lamb” will hold true. During the transition from Winter to Spring, we have really seen a dramatic increase in centre use. This is absolutely wonderful since it gives the centre a purpose and meaning. The centre is your centre so come out as often as possible to any of the events, food events, user groups or programs, language school, or just to sit and have a cup of tea or coffee and catch up with friends. Better yet come out and meet new friends.

During these past three months, we saw the completion of the kitchen renovations and thanks to the Government of Manitoba (Arts, Culture and Sport Community Fund), we have received a large grant that will allow us to continue to enhance the centre. We will keep everyone informed as we proceed with these enhancements on the website and social media!

I would like to remind everyone that the BC Redress has established a website where you will find out how the 100 million dollars will be spent over the next 4 years. I would encourage you to subscribe to the site so that you are kept informed as changes take place. <https://jclegacies.com/>

Thanks to all the event committees, we are going to see the return of Bon Odori this year and Folklorama during week 2. These events require so many volunteers to be a success and to ensure that we continue to fulfill our mission statement of preserving Japanese Culture and Heritage for all Manitobans. So, contact the office to tell us that we can continue to count on each of you! These events are a way for you to continue to foster great community relationships.

Exciting news! We are just working out the final details to host Karakoro Eisa once again in Winnipeg. It has been four years since they were last year. This traditional Okinawan Japanese Drum and Dance group (from Osaka, Japan) has continued traveling the world to spread the word of Human Rights for everyone. They were last in Winnipeg and performed at the Canadian Museum of Human Rights to a sold-out audience. This year they will perform at the Prairie Theatre Exchange. There are only 320 seats so when tickets go on sale you had better act fast if you want to see them perform. We will have family sponsorship tickets and continue to look for corporate sponsors for this event. The website will be your best way to keep informed.

In the fall we will be the host city for the NAJC conference and will host our Gala dinner during the same weekend. Our gala dinner is a wonderful way to continue to support all the efforts of JCAM and to dress up and enjoy a wonderful evening with friends and family. Let's make this Gala our biggest and best!

JCAM Board of Directors 2022-2024

President:	Kelly Kaita	Takayuki Hattori	Sarah Keating Sangalang
Vice-President:	Debra Takeuchi	Satoshi Takeuchi	Cory Rybuck
Treasurer:	Jim Suzuki	Nicolas Matsuo	Junko Bailey
Secretary:	Grant Voakes	Lucy Yamashita	
Past President:	Ken Teramura		

JCAM DONATIONS

(December 30, 2022 – April 13, 2023)

In memory of Fred Kaita

Kelly & Lisa Kaita and family
Paul & Rosanne Yoshimasu
Kathy Grabowski
Caroline Yamashita & Roy Nishimura
Florence Mitani & Paul Bainbridge
Tak Tonogai
Theresa Oye
Mickey Kojima
Kelly Koga
Cathy Cowen
Cheryl Tresoor
Pamela Okano
Paul & Pat Jette
Lisa & Marc Shimoda Loechner
Cathy & Glen N Cook
Pat & Al Mackling
Susan Oye
Judith Wolchuk
Sheila Ozamoto
Lynn & Brian Bain
Jack & Judy Mizuno
Sandra Shibata & Shibata family
Les Kojima
Gail Cumming

JCAM Curling Bonspiel

Ken Matsukubo
Terumi Kuwada

JCAM Mindfulness Class

Sylvie Landry
Peggy Emmond
Karla Deonaraine

In celebration of Violet Okano's 1st Birthday

Adam & Krystin Okano
Allan & Shirley Okano
Pamela Okano

Goodwill

Jim & Margaret Suzuki
Leonardo Nozawa
Mona & Ernie Hiebert
Heather Shore
Katherine Magne
Kyoko Kawasaki
Wayne Ruff

In memory of Tadashi Nagamori

Keith & Karen Tazumi
Mamoru & Mildred Oye
Florence Mitani & Paul Bainbridge
Diane Ooto
Brenda & Howard Mark
Terumi Kuwada
Theresa Oye
Shirley Teranishi
Mona & Ernie Hiebert
Caroline Yamashita & Roy Nishimura

In memory of Virginia Omori

Keith & Karen Tazumi

In memory of Jim Takenaka

Mickey Kojima

In memory of Toshiko Hashimoto

Tani Miki

In memory of Naomi Elvins

Pauline Ripat

In memory of Hilary Nordin

Mona Hiebert
Theresa Oye
Gaia & Pam Hashimoto

JCAM Kitchen Renovations

Cathy Cowen

JCAM extends its appreciation to all donors for their generosity and support.

JCAM is now able to receive donations through e-transfer – etransfer@jcamwpg.ca



After a three-year break, the JCAM Bonspiel was back in action. The Thistle Curling Club was the host to our community's 18th Manitoba Japanese Canadian Curling Bonspiel on April 1st. For those of you who have participated in one of our bonspiels, you know first-hand that the bonspiel is more than just about the curling. It was a fun-filled day of socializing, reminiscing, eating and showcasing our Centre.

Given the high cost of the ice rental (post-COVID-19) we experimented with moving our bonspiel to a one-day event. It was a hectic day to get all the games in one day and have our banquet in the evening. After all the sweeping and eating I'm sure our curlers had a good night's sleep.

On Saturday night all teams and guests attended the Japanese Cultural Center to celebrate the weekend's curling, chat about the curling shots that may or may not have gone their way and enjoy the company of all the curlers and their guests. The banquet meal always provides a special ending to the day.

A huge thanks to Caroline Yamashita for her leadership of the banquet and volunteers and Chef Sadao Ohno for his direction and preparation of the meal. Caroline and Chef Ohno and their volunteers outdid themselves again and prepared an "oishii" Japanese meal and all 95 curlers and guests had a wonderful experience! In addition, one lucky guest at each table won an origami centre piece generously made and donated by Ronnie Kaita – they were gorgeous and gave our banquet a spring-like vibe.

Congratulations to all curlers (14 teams) and especially the winning teams for 2023.

-  Toru Suzuki Champions:
Kara Gomez-Sanchez (Shibata), Kathryn Marcynuk, Matthew Kulasza, Elizabeth Page
-  B side winners: Judy Wolchuk, Karl Kennedy, Cory Wolchuk, Lisa Ito
-  C side winners: Hayley Yamamoto, Tory Yamamoto, Jennifer Rempel, Adam/Tara Flatt

This bonspiel would be impossible to execute without our generous bonspiel donations. Domo arigato (thank you) to:

-  Gold Sponsor: Ken Matsukubo
-  Donation: Terumi Kuwada
-  Prize Donations: Ken Matsukubo, Don MacDonald, Doug Wilkie, Judy Wolchuk
-  Centre pieces: Ronnie Kaita
-  Auction Prizes: All 14 curling teams

Thank you to our community's volunteers, for without them this event would not be possible: Carolyn Yamashita, Chef Ohno, shoppers, cooks, sushi-rollers, set-up, servers, clean-up crew, bartenders, draw-master Doug, Gary & Karen and others. The volunteers deserve a big thank you from all the curlers and their guests, so please take a bow!

Terumi Kuwada and Elaine Delannoy provided the photography for the event, both on and off the ice. Their images captured our curlers in action, which were projected at the banquet. Thank you for volunteering to take the team photos and award winners. The photos will be available for viewing online on our JCAM website.

We are encouraged by the participation in 2023 and are confident that we can repeat the success of this year's bonspiel in 2024. Have a great summer!



Sandra Shibata
JCAM Bonspiel

Scenes from the Curling Bonspiel!



HORIZON CLUB NEWS

The Horizon Club started its weekly lunches on February 1 after a break in December and January. As always, we enjoy wonderful food from our cooking teams and lots of conversation and laughs.

Our weekly exercise classes are turning out to be very popular especially our peer led Steppin' Up with Confidence. These classes are held twice a month with about 20 participants. On February 22 we had our first line dancing class. We learned two dances and some of us even got pretty good (lol). The next line dancing class is scheduled for April 19th. We will continue with the exercise and line dancing classes through to the end of June. We hope to try different types of classes like drumming. Please come and join us!

We are planning a trip to The Leaf at Assiniboine Park in the spring. Stay tuned for more news on this. Our last lunch before the summer break will be on June 28 with Natsu No Atsumari. It will be a special lunch prepared by Chef Ono. It's never too late to join the Horizon Club, membership is only \$5. Lunches are \$6 for members and \$10 for non-members.



MANJU MAKING

Another very successful yaki manju making session was held on Monday, March 20, 2023 due to the hard work of many community members. Thank you to all the anko makers, Mona Hiebert, Sandra Kaita, Miyoko Okano, Diane Ooto, Margaret Suzuki and Caroline Yamashita.

The manju makers started the day with coffee and then enjoyed great camaraderie, conversations and laughs while making the manju. The manju makers were Judy Baccus, Kelly Koga, Naomi Krasovec, Karleen Manchanda, Rhea Miyake, Mrs. Miyake, Miwako Miyoshi, Hiroko Nameishi, Mari Nemoto, Miyoko Okano, Sachiko Ono, Susan Oye, and Caroline Yamashita. The dough makers and cutters were Kathy Grabowski and Lucy Yamashita, the baker was Theresa Oye, the packers were Ralph Ooto and Tak Tonogai, and the dishwasher was Thomas Yamashita, who, hopefully, enjoyed the tiny 'hotdog' cookie he was given. Thank you to Roy Nishimura who made the

delicious meal enjoyed by all during the lunch break.

In all, over 700 pieces of manju were made which will be sold at Donburi Lunches and used for other JCAM events.

DONBURI LUNCH

The Donburi lunches started up again in the fall of 2022 with eat-in and take-out orders being available.

Shrimp Donburi was the regular hot food item and second menu options were: Teriyaki Salmon Bento, Teriyaki Chicken Bento, and Beef Curry. In April we will be featuring Pan Fried Pickerel. Other regular menu items were: Special Sushi Box, Inari Sushi Box, Assorted Sushi Box, Satsuma Aged Slab, and Yaki Manju. The Inari Sushi became quite popular with the number of boxes increasing with each Donburi.

This year we added Onigiri as a new item. Each month different flavours of onigiri were featured. Flavours included Teriyaki Chicken, Tuna, Ginger Chicken, Salmon and Spam Onigiri. For the April lunch we will be featuring Spam Musubi.

The April Donburi will be the last one until the Fall. Remember to watch for the notices about the Fall Donburi lunches so you won't be disappointed!

JCAM PROGRAMS

Homestyle Japanese Cooking Series



JCAM

P
R
O
G
R
A
M
M
E
S

The first class in the series was held on March 6 and participants learned how to make ***Te-maki sushi***; a hand held cone sushi with various fillings. The 10 participants were shown how to wash and prepare rice, slice various vegetables and created their own te-maki. Everyone enjoyed eating their te-maki and even had some to take home. Thanks to Instructor Jeff Agapito for his preparations and instruction.

The second class was held on March 13 and the 11 participants learned how to make ***Chicken Karaage***. The participants were led through the various steps of making the karaage and had an opportunity to have hands on experience. Various tips were provided to make the cooking process easier. Everyone had a meal of chicken karaage, shredded cabbage and rice and had leftovers to take home. Thanks to Instructor Roy Nishimura for his preparations and instruction.

In our upcoming session of the Homestyle Japanese Cooking Series, participants will learn how to make ***Okonomiyaki*** with Taka Fujiwara and ***Japanese Curry*** with Taka Hattori. The popular sessions filled up within hours!

Keep an eye out for more Homestyle Japanese Cooking lessons in the fall!





JCAM IZAKAYA NIGHT 居酒屋

Saturday, May 6, 2023 7:00pm

Admission: \$40 + PST (members), \$50 + PST (non-members)

Come and join in the fun of JCAM's first-ever Izakaya Night!

Izakaya (居酒屋) is a type of informal, casual Japanese bar similar to a pub or tapas bar where customers can order a variety of small dishes of food that can be shared at the table. It will be a lively evening experience with a variety of Japanese whiskey, sake, beer along with many delicious tapas plates of Japanese delights. Chef Ono will be behind his sushi bar to take special orders of nigiri and maki sushi!

JCAM patrons will receive vouchers for food and drink with their admission tickets:

Regular ticket includes vouchers for 3 tapas plates and 2 alcoholic drinks

DD ticket includes vouchers for 6 tapas plates

Extra vouchers will be available for sale during the event.

Tickets are on sale now at www.jcamwpg.ca!

HINODE TAIKO NEWS



Hinode Taiko entered 2023 with sold-out taiko workshops on January 14th featuring the taiko part of the composition "Manitoba Matsuri", led by Artistic Director Yuko Nozoe. The workshops were followed by two 6-week sessions of introductory taiko classes for nine students, the first session finishing in March and the second wrapping up in April.

Hinode Taiko members (including our newest apprentices Michaela McKennitt and Sophie Sickert) gave a well-received performance on February 2nd at the Fort Garry Hotel under the banner of Folklorama Ethno-Cultural Arts. Another performance was given March 30th at the Canadian Museum for Human Rights as part of the "Festival of Rights - Celebrating the Right to be a Child".

Our players are looking forward to more spring and summer gigs, with JCAM's Obon & the Japan Pavilion at Folklorama already in the calendar. Hinode will be providing taiko as part of JCAM's Children's Week programming on Monday May 1st.

Springtime also promises excitement in Hinode's R&D department – new compositions, new research collaborations, and the revival of our annual group retreat are all on the menu. Stay tuned!

JCAM BON ODORI MATSURI 2023

Bring your family and join us at JCAM for Bon Odori Matsuri on Saturday, June 24 from 3:00-7:00 pm!

A planning committee has already been meeting to organize the Matsuri. Below is the list of Committee Chairpersons to date. We are still looking for volunteers for some areas.

Activities/Kids Games – Jiyu Iida
Clean Up – Niina Dubik
Dance Practices – Aurora Dance Group
Food – Sadao Ono, Taka Hattori
Permits – Lucy Yamashita
Security – Phil Mukai, Satoshi Takeuchi
Sound – Nicolas Matsuo
Ticket Sales – Sara Ebata
Volunteers – Caroline Yamashita (chair)

Bar/Beverages – Sarah Keating-Sangalang
Entertainment – open
Finance – Caroline Yamashita (chair)
Kakigori – Aiden Muller, MacKenzie Sato
Publicity/Social Media – Nicolas Matsuo
Set Up and Take Down – Phil Mukai, Satoshi Takeuchi
Souvenirs/Booths – Jeff Agapito
VIP – Kelly Kaita
Volunteer Room – Kei Ebata

If you would like to volunteer for Bon Odori Matsuri 2023, send an email to Pamela at info@jcamwpg.ca.



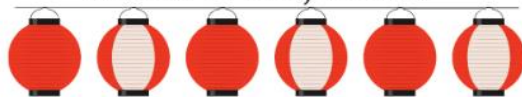
Stay tuned for more....
ご期待ください



Bon Odori 2023

盆踊り

June 24th, 2023



Japanese Pavilion 2023

August 13 – August 19, 2023

Meet our Ambassadors and Greeter!



Rhea Teranishi is a fourth generation Japanese Canadian or Yonsei. When Rhea is not working at her day job for Manitoba Pork, she enjoys participating in curling and soccer and attending Japanese Language classes. Since childhood, she has enjoyed many events hosted by JCAM including the JCAM Bonspiel, Donburi Lunches, children's Christmas Party and volunteering at the Japanese Pavilion. Rhea is excited to be one of the Adult Ambassadors and looks forward to being one of the first faces you will see at the Pavilion.

Miwako Miyoshi comes from Takamatsu, Kagawa, Japan. She has been in Canada 16 years and moved to Winnipeg in 2018 from Richmond, BC. Miwako works at a school lunch program where she loves working with the young children and their big smiles. She enjoys sewing and her goal this summer is to learn to make short sleeved shirts. Miwako looks forward to exploring the many pavilions of Folklorama and to meeting new people from all walks of life.



Nicolai Kazuyuki Diaz Tsuzuki is 14 years old and a freshman at Oak Park High School/Pembina Trails Early Education Centre. His interests lie in computer programming and networking, with the intention to pursue a university degree, and a future goal of working in one of these fields. He is fluent in Japanese having completed 4 years in the Japanese school system. Nicolai is a competitive water polo player and next year he will be eligible to play in the National Champions League. Nicolai has lived in Winnipeg for 4 years and is looking forward to meeting Winnipeggers from the many diverse cultures in the Folklorama community.

Minami Tokairin is in Grade 9 and goes to Isaac Brock school. She is able to understand Japanese and plans to work on being able to speak the language. She sees this time as Youth Ambassador as an opportunity to learn more about her Japanese heritage and to meet members of the JC community. She likes to read fantasy books and painting, especially landscapes and floral themes. Her interest in exploration and history have inspired her to become an archeologist. Minami, along with her mother, Miwako, who is one of the adult ambassadors, is looking forward to touring all the other Folklorama Pavilions



Daniel Cowen is an inspirational young man of 22 years. He is currently attending Options, Pathways, and Transitions day program. The program provides him with social and learning opportunities, many friends, and great support. With OPT support, he hopes to find part time work in the near future. Daniel is a Special Olympics athlete in 5 pin bowling and basketball. Some of his many other interests include music, dancing, singing, zumba, yoga and motorcycle rides with his Dad. You can meet Daniel as he is greeting guests and volunteers at the Japanese Pavilion.

Seeking Corporate sponsor for JCAM annual fund raiser

On September 23, 2023, JCAM is hosting its annual fund raiser to be held at the Canad Inn Polo Park. In attendance will be 100 delegates from across the country representing member organizations of NAJC (National Association of Japanese Canadians) as well as 150 members from the Winnipeg Japanese community.

As the exclusive sponsor, you will have signage on our gala dinner program and a formal acknowledgement from the podium. As well, your logo will be displayed in our ticket sale communications.

JCAM is very excited to be offering this \$5000 sponsorship. If you have any questions regarding this unique offer, contact Ken Teramura at bepositiveco@shaw.ca

Tickets for the gala will go sale in May. Stay tuned to email notices from JCAM.

Ken Teramura

Past President and conference co-chair



SAVE *the* DATE

JCAM GALA DINNER

SATURDAY, SEPTEMBER 23, 2023

CANAD INN POLO PARK

For ongoing news from JCAM, check out our social media sites:

www.jcamwpg.ca

Twitter: @WpgJCAM

Instagram: @jcamincofficial

Facebook: @jcam.inc.org

Youtube: www.youtube.com/channel/UCIM3M-5wl3fVBhNEjgcNkFQ

Tik Tok: @jcamwpg

JCAM AURORA DANCERS

SILK & SAKE FUNDRAISER

Sunday, June 4, 2023

2:00pm – 5:00pm

Celebrate the past, present, and future of the Aurora Dancers by joining us for Silk & Sake on June 4, 2023, 2:00 - 5:00 PM. This special fundraiser, featuring performances, kimono fashion show, rainbow auction and 50/50, is guaranteed to be an afternoon of beautiful memories.

Contact an Aurora Odori member or aurora.odori@gmail.com to reserve your tickets \$35.00, tax included or support tickets \$10.00 (non-attending). Tickets include h'ors d'oeuvres and a complimentary serving of sake or green tea. All proceeds raised will go towards new performance equipment for the Aurora Dancers.



june 4, 2023

2-5pm

Silk & Saké

Celebrating 25 Years of
the Aurora Dancers



BIRCHWOOD LEXUS

in collaboration with

JCAM

is proud to present

KARAKORO EISA

Saturday, August 17, 2023

Tickets on sale in June

Family Sponsorship packages available
Details coming soon!

JCAM Calendar of Events 2023

*Mark the following dates on your calendar and keep an eye out for
JCAM email updates for each of these events PLUS more!*

Sunday, April 30: Ramen Takeout (Last one until the fall!)

Saturday, May 6: Izakaya Night

Sunday, June 4: Aurora Odori Silk and Sake

Saturday, June 24: Bon Odori

Saturday, August 17: Karakoro Eisa Concert

Sunday, August 13 – Saturday, August 19: Folklorama Japan Pavilion

JCAM ANNUAL SPONSORS 2022-2023

PLATINUM



SEVA
INTERNATIONAL
CHARITABLE
FOUNDATION

Industrial Automation Medical Medigas

INNOVAIR
Group

The Frank H. Hori
Charitable Foundation

SILVER



Steinbach Credit



Dr. Derek Okabe & Team

OOMOMO
JAPAN LIVING



BIRCHWOOD LEXUS

GM Darryl Tuck & Team



JCAM Horizon Club

BRONZE

OMORI
DIAMONDS

Edokko
Japanese Food

ADM
STORAGE
container rentals • sales • solutions
www.admstorage.com