



OUTLOOK

JAPANESE CULTURAL ASSOCIATION OF MANITOBA INC.

2018 SPRING EDITION

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JCAM Board of Directors 2016-18

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President's Report - Art Miki

It's been cold beginning to 2018 but hasn't curtailed any of JCAM activities.

1. Thanks to Ono-san, the Sunday Ramen lunches have been well received and there are plans to consider holding the ramen lunches on a regular basis.
2. The Indigenous Accord and JCAM Circle of Reconciliation dialogue will be held on Sunday, March 18 from 11:00 am to 2:00 pm at the Japanese Cultural Centre. The purpose is to bring members of Japanese Canadians and Indigenous communities together to discuss internment and residential school experiences to gain a better understanding of some of the commonalities. We hope to have 10 to 15 Japanese Canadians attend. Interested participants need not be interned but want to learn and share their views.
3. There have been more improvements to the Centre. You may have noticed the new flooring, coordinated chairs and tables. Thanks to Akemi Miyahara for assisting us.
4. Also, we have replaced the toilets in the bathrooms with energy efficient models that meet today's building codes.
5. The Vision 2020 Committee is looking at the phases of renovations, beginning with Phase 1 to redesign the library, office area and Board rooms. Consultations with user groups and stakeholders will begin in March.
6. The Japanese Pavilion will be held at St. Joseph's Hall from Sunday, August 5 to Saturday, August 11, 2018. We need help with some of the Committees. If approached give us serious consideration in becoming involved. Contact Les Kojima or Art Miki if you're willing to help.



Spring Ikebana Classes

Ikebana (生け花, "living flowers") is the Japanese art of flower arrangement. It is also known as Kadō (華道, "way of flowers"). The tradition dates back to the 7th century and is both an expression of art and culture. There are about 3,000 ikebana schools in Japan and thousands more around the world.

JCAM will offer four Ikebana sessions in May from 7 – 9 p.m. starting Wednesday May 9 and continuing until May 30. Individual sessions are \$15 each, and all 4 sessions are just \$40 for members (non-members \$60). Instruction is by Lee Matsuo and Deborah Tsuyuki. To register, send an email or call us at 204-774-5909.

OUTLOOK DEADLINES

If you have information or bit of news that might be of interest to our general membership and want it included in our newsletter (The OUTLOOK) please send it along to the office by snail mail, email or even by phone. This is especially worthwhile if you're planning some kind of event that will interest the membership and could use a little publicity. Just make a note of these deadlines.

Summer Issue **Deadline May 24** Issued June 2

Fall Issue **Deadline August 4** Issued August 16

MANITOBA KENDO CLUB

50 YEARS ANNIVERSARY



Dear Kendo Clubs of Canada,

The Manitoba Kendo Club invites you to join us this June to celebrate our 50th anniversary to be held in Winnipeg. We hope to enjoy kendo keiko with new people, and reconnect with kendo friends from across the country. In doing so, we hope to strengthen the bonds of our community.

Date: June 22nd - 24th, 2018

Registration: Please contact Thomas Yamashita in order to register yama52t@mymts.net

Thank you, and we hope to see you in June. For more information: www.manitobakendoclub.com

The SALE everyone waits for!



THINGS JAPANESE SALE

Saturday, April 28 9 am – 3 pm

Sunday, April 29 10 am – 2 pm

A truly phenomenal collection of gently used and new Japanese items that you can browse through at your leisure in all dimensions and actually *touch* ~ from tea sets to delicate individual cups to vases and artwork, artifacts, hand crafted items for the home or perhaps your cottage and certainly for your collection.



Images are illustrations only. Merchandise is excitingly different!

DONATIONS

We are grateful to and thank all who donate money and goods to the Centre. JCAM is a volunteer based, federally registered charitable organization, registration #12064 6021 RR0001. Donations commemorate and celebrate specific individuals or are simply given freely in support of the Centre and enable us to off-set operating expenses. Donations made up to the last OUTLOOK deadline are recognized below. Donations after that date will be included in the following OUTLOOK issue. *If we missed anyone in our listings below, please let us know.* **Tax deductible tax receipts are sent out at the end of each calendar year.**

JCAM

Junko Rybuck
Ron Kaita
Bill Young
Ruth Anderson
Mary DeGrow
Nobu Ellis Estate
Furukawa Richard
Donald Koga
Terumi Kuwada & Ron Rothery
Harry Tonogai
Marlene Bayer

Movie Night

Theresa Oye

Folklorama

Jennifer Hashimoto

Curling Bonspiel 2018

Ken Matsukubo

In Memory of Sue Teramura

Terumi Kuwada & Ron Rothery
Shibata Family
Lena Takatsu
Itoko & Suzue Nishibata

In Memory of Mr. & Mrs. Roy Kaita

Sachiko Conway & Ken Shimizu

In Memory of Kiyoko Kawata

Mae Kawata
Kelly Koga
Yoshimi Takeuchi
Lucy Yamashita

In Memory of Hiro Hashimoto

Jennifer Hashimoto

In Memory of Craig Yahiro

Itoko & Suzue Nishibata

In Memoriam - 2018

Our sincere wishes and deepest condolences to the families of

Alma Eyemoto – January 9

Joyce Nancy Tully – January 11

Laura Blore (nee Rowden) – January 19

Itsuko (Sue) Teramura – January 25

Forever in our hearts

Thanks to these generous Funders



Winnipeg Foundation

The Winnipeg Foundation provided a grant of \$15,000 for the replacement of the flooring in the main hall and the replacements of toilets. JCAM is appreciative of the support given by Foundation to improve our facility.

New Horizons for Seniors Program

The New Horizons for Seniors Program, a federal government initiative has provided a grant of \$18,250 towards the development of a Resource Centre for Japanese Canadian history preservation and storage of information. The grant was provided in recognition of the involvement of seniors in initiating this project.

Canada

Funded in part by the Government of Canada's
New Horizons for Seniors Program



SHODO LESSONS - The fine art of Japanese calligraphy.

Shodo is a form of artistic writing of the Japanese language. We are fortunate to have a sensei in this field, Yayoi Brandt, and she will be teaching 6 weeks of **SHODO LESSONS** Saturdays from 1:30 p.m. to 3 p.m. **starting March 10** and continuing until April 21 (no lesson March 31). Cost is \$60 for members (\$80 for non-members). Imagine you, a brush, ink and an inkstone challenged by a blank sheet of paper as you create a work you can share with others! Sign up by sending JCAM an email, or phone, or just drop in.

GROCERIES: Don't forget we have a small **grocery store** for our members. In it you will find such Japanese food items as sembei, inari, natto, yakisoba, plain age and shoga. Same hours as the Centre hours (9am-5pm Tuesday through Saturday). If it's locked, just ask at the office and we'll be happy to open it up for you.



DONBURI Lunch

Four more this spring!

OISHII! EAT IN/TAKE OUT



Donburi will continue to be served on the following **Fridays Noon – 2 p.m. March 9 & 23 April 6 & 20**

Definitely Winnipeg's best Japanese lunch with lots of choices all at very reasonable prices. All of our food is lovingly prepared by our volunteers with many years experience preparing these excellent foods, our selections are wide, with changing options from lunch to lunch. Always on the menu is Shrimp & Vegetable Donburi, our Special Sushi (featuring smoked salmon and cream cheese), Age Sushi and Regular Sushi and also freshly prepared satsumage, sunomono salad, soup, green tea and vegetable tempura. Following are the special featured dishes for the remainder of the season:

March 9

Oyako Donburi	7.50
Fresh Salmon Teriyaki Bento	10.00

April 6

Beef Curry	8.00
Fresh Salmon Teriyaki Bento	10.00

March 23

Breaded Pickrel	9.00
Pork Tonkatsu	8.00

April 20

Unagi Donburi	9.00
Chicken Teriyaki Bento	8.00

Become a JCAM member and we'll inform you by email what each weekly special Donburi and Bento are. Or check our electronic sign as you drive by 180 McPhillips Street! You can pre-order for take-out by phone (204-774-5909) or email mjccc@shaw.ca



An Open Invitation to all to join our SHARING CIRCLE

Sunday March 18 from 11 am -2 pm JCAM would like to invite our members to participate in an inter-cultural circle of reconciliation. JCAM has signed the **Indigenous Accord** with the City of Winnipeg and we are tasked with

participating in an event of reconciliation in relation to the **Truth and Reconciliation Calls to Action**. We are hosting an inter-cultural sharing circle where we have invited individuals from Indigenous communities to share their stories of human rights violations and ***we are asking members of our community to do the same.*** The hope is that our inter-cultural sharing circle will further healing for both cultures.

In addition to our sharing circles we will be providing our members with an opportunity to learn more about the Truth and Reconciliation Calls to Action.

Please join us for this unique sharing and learning opportunity. We look forward to seeing you on March 18th. Please RSVP to JCAM at m.jccc@shaw.ca

RAMEN LUNCH

Second Sunday of the month:

SUNDAY: March 11, 2018

Sittings from 11:30 through 1 p.m.
and from 1 p.m. through 2:30 p.m.

3 Ramen Choices: Tonkotsu, Shoyu or Miso

Order Your Tickets NOW by phone (204) 774-5909! \$10 each
Specify ***date(s), sitting time & flavor***



Tonkotsu Ramen



Shoyu Ramen



Miso Ramen

not exactly as illustrated
(the real thing is better!)



Tuesday YOGA

Register today for **Yoga**, taught by certified hatha yoga instructor Andrea Silver in our gym, Tuesday evenings starting **March 20 at 5:30 p.m. to 6:30 p.m.** Lessons are geared toward putting the flex back in your life without pain or stress.

10 sessions \$100 for members, \$120 for non-members. \$15 drop-in fee.

Drop-ins are welcome as long as you're on time!

HORIZON CLUB



The big white tables groaned under the heft of all that delicious potluck food. Just another reason why you should join the Horizon Club. \$5 *per year!*

The Horizon Club has started again for the new year. We welcomed the new year on January 13 with a potluck Shinnen Kai. As usual the food was plentiful and delicious. We also enjoyed games and of course the favorite - bingo. Our regular lunches started on February 7. The card players have increased in number and there are often now two jocular tables on the go.

There's a bus trip to South Beach Casino planned for Monday, April 16. \$25 per person. The bus departs the Centre at 9:00 am. The bus was full last time so please decide soon and let Theresa, Alice or Lucy know and pay them directly. Please come and join us for lunch and camaraderie.



Horizon Club's resident Ikebana expert, Lee Matsuo, cheered everyone when she brought this delightful (and edible) arrangement.

We also offer informal Tai Chi instruction most Wednesday mornings about 11:30 am for half an hour, courtesy of Al Mackling.



Happy Birthday Lena!

Most everybody will recognize that happy face *on the left* as belonging to **Lena Takatsu** who celebrated her "39th" birthday February 28 (she's also pictured above by the potluck table). Always youthful and energetic, Lena has been a pillar of strength and inspiration in our kitchens, shepherding thousands of delicious meals for many of our culinary endeavours. Congratulations Lena. The little bitty one candle cake in front is our expression of hope for many more birthdays Lena..

We wish to thank Jennifer Hashimoto for her kind donation to the Horizon Club in memory of her father Hiro Hashimoto. The club will meet every Wednesday until June 27 when it will hold its Natsu no Atsumari the annual end of season gathering.



Last OUTLOOK we provided an excerpt from a summary report by Hayley Yamamoto who attended the Japanese-Canadian Young Leaders Conference in Ottawa late last year. Following is the rest of her report:

Every Japanese-Canadian community has a different dynamic: a different number of people, a different amount of generational influence, a different number of events and a different level of involvement in those events. Talking to young leaders from cities like Toronto, I learned that Winnipeg is in quite good shape in terms of "changing with the times." Luckily, the older generations in our community are quite keen on engaging the youth and looking at present day Japan and Canada rather than being stuck in the past. We are facing similar problems as Kamloops in terms of increasing involvement, especially of the younger generation. Those who don't grow up with parents that are highly involved in the community probably aren't very involved when they're older.

The problem that both Winnipeg and Kamloops are facing is that a lot of the Japanese-Canadians weren't engaged in the community growing up and now have no interest in getting involved. Hearing about the strengths and weaknesses in other communities can help us to play on our strengths and improve on our weaknesses as a community here in Winnipeg.

Finally, just getting to know other young leaders was a lot of fun. Generational differences exist even amongst the young leaders, and as one of the youngest at the conference, I found it interesting to hear from Japanese-Canadians that were ten to fifteen years older than me. Their personal priorities are very different from my own. Currently, my personal goals mostly revolve around school and forging a career, and cultural identity is not as prominent in my mind. Young leaders in their early thirties that already have established careers and families are more focused on their cultural identity, and have more time to spend getting involved in their communities.

Of the thirty young leaders at the conference, I was one of three that had one hundred percent Japanese heritage. Many of those with mixed heritage had experiences with cultural identity that differed from mine. They are constantly told they "aren't Japanese enough," when they feel like they are; whereas I am constantly told I should be "more Japanese," but I feel very disconnected from my Japanese heritage. This was not something that I had given much thought to in the past, and I became more aware of how my experience as a fourth-generation Japanese-Canadian was different from most others who have a mixed cultural heritage. I am interested in learning more about how my experience has differed from those who have half or quarter Japanese heritage.

The JCYLC conference educated me on the NAJC, other Japanese-Canadian communities and introduced me to other Japanese-Canadians. I am glad that I could have hands-on experience with the challenges ahead for the NAJC, and Japanese-Canadians as individuals, and that I could get to know the people that will be forging these challenges. The future of the NAJC is still unknown, but I have confidence in the team backing up the changes and challenges that lay ahead. Thank you JCAM for providing me with the opportunity to experience the JCYLC for the first time. I am honoured that I could be a representative of our wonderful organization and I am looking forward to what is in store for next year in Winnipeg!

FUTURE RENOVATION PLAN PHASES FOR THE CULTURAL CENTRE

Much has been done during 2017 to improve the facility through positive appealing changes to make the Centre more attractive. The new garden fence, improved lighting, parking lot re-striping and general tidying of the exterior property has made the Centre more inviting and secure for members and guests. New flooring in the main hall has been installed and new tables and chairs purchased. The toilets have been replaced with more energy efficient ones and the interior lighting is being converted to LED bulbs in the main meeting room and hallways.

Following the completion of the vestibule addition and upgrading plans for specific areas of the cultural centre, Colin Reed, an architect, was approached by JCAM Board to assess the facility and its needs with the present code requirements to prepare a drawing of potential renovations to optimize the use of the space to meet the future needs of the community. Preliminary overview plans (Phases 1, 2 and 3) were introduced last winter to the Board and to the Horizon Club as a starting point for discussions amongst community members. The Vision 2020 Committee will be initiating consultation meetings early this year with the user and community groups to determine how and when the next steps will proceed based on the community's input.



Phase One: Spring 2018 – Spring 2019

Redesign the present library, an office and the Board Room into a larger multi-purpose area. This space will house a library, resource centre and a history preservation centre. The space will be used for language school classes and for smaller community events. Estimated cost of renovations for Phase One is approximately \$100,000.

Phase Two:

Phase two involves the relocation of the present washrooms closer to the gymnasium with attached change rooms. There will be storage rooms and possibly a classroom for language classes. This phase will require a more extensive work on the plumbing system and is estimated to be costly depending what lines presently exist. Costs may be in the \$200,000 range depending on an analysis of an engineers and architects.

Phase Three:

This phase involves the renovation and possible enlargement of the kitchen facilities. The walk-in cooler will have to be moved and the original washrooms converted to cooking areas and storage. The estimated cost for this phase will be in the range of \$200,000 to \$300,000.



Manitoba
Japanese Canadian
Curling Bonspiel
2018

March 29 & 31, 2018

St. Vital Curling Club (*new venue*)

We're happy to report we have a full complement of rinks now, but they would love an audience! Come out and cheer on your favorite relatives or friends. The schedule:

- *Thursday (evening)* – tentative start time of 6:00 p.m. (2 draws)
- *Saturday (day)* – Draw times to be determined (finals in the afternoon)
- *Saturday night* (6:00 p.m.) – **Japanese Cuisine Banquet**
- 6 end games

If you want to attend just the Curling Banquet (the food is yummy) it's \$25 per person at the Centre at 6 p.m. and you need to let us know no later than March 28 so we have a proper head count. Contact contact Sandra at 204.654.9455 or via e-mail at sshibata@mts.net

Demographic Characteristics of Japanese Canadians in 2016 (from 2016 Census of Population)

The chart shows the distribution of Japanese Canadians by single vs. multiple ethnic origin, generation status, and age group in Winnipeg. It's shown for your general interest and information.

Winnipeg

	Total	Single	Multiple
Japanese Canadians, all generations	2,290	850	1,440
Male	1,065	400	660
Female	1,225	450	780
First generation	630	320	310
Male	280	115	165
Female	350	205	145
Second generation	655	240	415
Male	315	135	185
Female	340	105	230
Third and more	1,005	290	715
Male	470	150	310
Female	535	140	405
Second generation, 14 years old and younger	210	0	210
New immigrant families*	840		
New immigrant families as % of all**	37		
First generation	630	320	310
0 to 14 years	40	10	35
15 to 24 years	160	70	85
25 to 64 years	360	200	160
65 to 74 years	40	15	20
75 and over	30	25	10

Source: Statistics Canada, 2016
Census of Population, Statistics
Canada Catalogue no. 98-400-
X2016187.

* First generation plus 14 years old
and under of second generation